



150 MILLION TONS OF THE PLASTIC PRODUCED EACH YEAR IS FOR SINGLE-USE



60% GOES TO LANDFILL

OR IS DUMPED IN OUR ENVIRONMENT

USE RE-USABLE COFFEE CUPS

Swap disposable coffee cups for reusable ones from sellers like: ecoffeecup.com



DITCH CLING-FILM

Use paper bags, Tupperware boxes or beeswax or veganwax wraps from sellers like: beeswaxwraps.co.uk



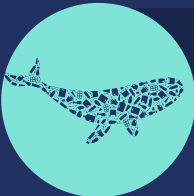
ONLY 9% OF THE PLASTIC

EVER MADE HAS BEEN RECYCLED



SWITCH TO SHAMPOO-BARS

Ditch shampoo and conditioner in plastic bottles and try plastic-free bars from sellers like: kinkind.co.uk and likenanadid.co.uk

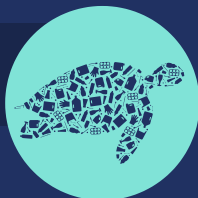


MORE PLASTIC THAN FISH

IN THE OCEANS BY 2050

100% OF TURTLES

HAVE PLASTIC IN THEIR GUTS



BRING YOUR OWN

- Re-usable straws (bbcgoodfood.com/review/be-st-reusable-straws)
- Shopping bags
- Avoid plastic throwaway cutlery and bring your own or get some camping cutlery from sellers like: gooutdoors.co.uk
- Carry a reusable water bottle



PLASTIC BOTTLES

TAKE 450 YEARS TO BREAKDOWN